## The 3 Biggest Ways You Can Help Kentucky Youth in Need





## **Become a Foster Parent**

Did you know that **more than 9,000 youth are in Kentucky foster care?** These youth, who have suffered abuse or neglect, are experiencing one of the most difficult times of their lives and need loving foster parents to provide them with a temporary home. Foster parenting is one of the most exciting and enriching experiences you can have. If you've ever considered becoming a foster parent, KVC Kentucky is here to guide you every step of the way, including:

- Free ongoing training and support 24/7, 365 days/year
- 24-hour phone support
- Health insurance for the child
- Assistance finding local resources
- Monthly reimbursement to meet the child's needs plus assistance with back-to-school supplies and holiday gifts.

Learn more about fostering at kvckentucky.org/foster



## Help a Family During a Time of Crisis Through Our Thriving Families Program

KVC Kentucky's Thriving Families program is an innovative approach at supporting families who are navigating the complexities of caring for youth with mental, emotional and behavioral health needs. Central to the program is the Resource Family who has the opportunity to partner with families in need to care for a child or teen for a short period of time while the youth and their family receive support and resources from caring professionals. This program **helps prevent youth from entering out-of-home living arrangements and is focused on working with families** to build resilience. KVC will fully support you with:

- Free education and skills training before you get started
- At least two visits at your home each week by a KVC professional
- Free ongoing training and support 24/7, 365 days/year
- 24-hour phone support
- Financial reimbursement to meet the child's needs

Learn more about Thriving Families at kvckentucky.org/thriving-families



## Advocate for Children and Families

Anyone can be an advocate for children in need! Spread the word about our mission to enrich and enhance the lives of children and families by volunteering, donating, sharing our social media posts and subscribing to our blog.

Learn how to become an advocate at kvckentucky.org