

# Family First Preservation & Reunification Services FFPRS



**KVC**<sup>®</sup>  
Kentucky

*We all need connection.*

## About FFPRS

### KVC Kentucky's Family First Preservation & Reunification Services

**Strengthening Families, Keeping Children Safe**

KVC Kentucky's Family First Preservation & Reunification Services (FFPRS) are dedicated to:

- Helping families stay together
- Reuniting children with their families
- Providing support and resources for a brighter future

We strive to strengthen families and ensure children are safe at home. Our evidence-based prevention practices are designed to address the unique needs of each family.

#### Referral Process

- All referrals to FFPRS are made by the Department of Community Based Services (DCBS).
- Families must have an active case with the Cabinet for Health and Family Services.

#### Commitment to Prevention

At KVC Kentucky, we are rooted in a strong commitment to evidence-based practices that foster family stability and well-being.



## Services We Provide

- **Parenting and Household Management:** Teaching essential skills for effective parenting and managing a household.
- **Relationship Building:** Helping family members strengthen their connections with one another.
- **Empowerment:** Amplifying family members' voices in their own treatment goals.
- **Collaboration:** Working with community partners to coordinate care and resources for families.
- **Client Assistance Funds:** Providing financial support to help families access concrete goods and services that enhance their safety and stability.

Funding for FFPRS is provided through the Cabinet for Health & Family Services with Kentucky State Funds and/or Federal Funds  
KVC is a 501(c)3 nonprofit welfare and behavioral healthcare organization



## Homebuilders

- An intensive crisis intervention approach for families at imminent risk of having their children placed in out of home care.
- For ages 0-17. Provided in multiple weekly sessions totaling 8-10 service hours per week lasting 4-6 weeks.



## Functional Family Therapy (FFT)

- Family intervention aimed at reducing problem behaviors such as violent acting out and substance abuse in at-risk youth as well as improving prosocial skills and overall family and individual functioning.
- For ages 11-18. Provided in 12-14 sessions.



## Parent Child Interaction Therapy (PCIT)

- Teaches parents traditional play-therapy skills to use as social reinforcers of positive child behavior and traditional behavior management skills to decrease negative child behavior.
- For ages 2-7. Provided in 14 sessions.



## Trauma Focused CBT ( TF-CBT)

- A specialized model for children and youth experiencing post traumatic stress disorder and other symptoms related to their experience of childhood trauma.
- For ages 3-18. Provided in 8 to 25 sessions.



## Motivational Interviewing (MI)

- A widely used model designed to enhance motivation for behavior change. It uses a client-centered approach to help individuals explore and resolve ambivalence.
- For adults and children ages 0-18.



## Reunification Services

- Services aimed at supporting the transition of children returning from Out of Home Care (OOHC) to reduce the risk of re-entry. These services can be accessed as early in the reunification process as it would best meet the needs to the referred Family,



## KONNECT Families (Keys to ONgoing Nurturing and Empowerment by Collaborating Together)

- The new expansion programming is an intensive services model utilizing the Safe & Connected™ Consultation & Information Sharing Framework® to identify and mitigate risks to child safety and well-being. Providers implement non-clinical interventions, education and hands-on skills training to children and parents who are identified to be at risk of experiencing out-of-home placement.
- For adults and children ages 0-17



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